

January

PAWHUSKA OSAGE NATION ELDER NUTRITION MENU

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
suggested donations over 55 w cdib \$2 all others \$6				<b>Closed for the New Year's Day</b>	<b>Closed for the New Year's Day</b>	
4	5	6	7	8	9	10
	Country Fried Steak Sandwich Lettuce, Tomato, Onion and Pickles Tator tots Cottage Cheese Fruit of Choice	Chicken Wings Macaroni and Cheese Broccoli Roll Rocky Road Pudding	Pasta Bake with Italian Sausage Tuscany Blend Veg. Green Salad Brownie	Cheese Enchilada Spanish Rice Refried Beans Chips and Salsa Fruited Jello	Hot dog on a Bun Chili, onion, cheese Chips Veggie Tray Granola Bar Fresh Fruit	
11	12	13	14	15	16	17
	Ham and Beans Oven Potatoes Spinach Cornbread Cottage Cheese Pineapple	Chicken Strip w/Gravy Rice Pilaf California Blend Dinner Roll Tabouli Cherry Crisp	Meatloaf Mashed potatoes Corn on the Cob Roll/Gravy/Salad Birthday Cake	Chicken Alfredo Buttered Carrots Garlic Toast Salad Ambrosia	BBQ Bologna Baked Beans Potato Salad Peppers and Onions Sliced Bread Apple Turnover	
18	19	20	21	22	23	24
	<b>Closed for Martin Luther King Jr Day</b>	Spaghetti and Meatballs Zucchini Blend Bread Stick Cottage Chz Salad Fruit	Pork Chop Stuffing Asparagus Gravy/Rolls/Salad Banana Pudding	Open Faced Turkey Sandwich Stewed Potatoes Loaded Green Beans Gravy Salad Fruited Jello	Indian Taco With all the Toppings (Lettuce, Tomato, Onion, Cheese, Sour Cream, and Salsa) Beans and Hot Peaches	
25	26	27	28	29	30	31
	Chicken Cordon Blue Au Gratin Potatoes Cape Cod Blend Sliced Bread Cottage Cheese Lemon Tart	Roast Pork Sweet Potatoes Steamed Cabbage Gravy/Roll/Salad Applesauce	<b>Closed For In-Service Training</b>	Hamburger Gravy and Biscuit Oven Potatoes Mixed Veggies Breakfast Bar Pudding Cup	Ham and Cheese Sandwich Vegetable Soup Pickle Tray Fruit Cup Yogurt	